

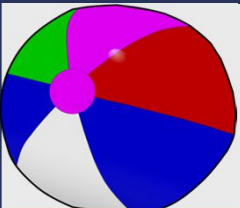


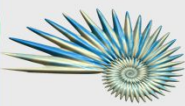


# AUGUST 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 EXERCISE - 9 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	4 EXERCISE - 9:30 AM <b>NATIONAL NIGHT OUT - 5:30 - 7:30</b> **SHINE COUNSELOR	5 <b>MARKET BASKET</b> 8:30 AM BINGO - 1:15	6 EXERCISE - 9:30 AM	7 COFFEE HOUR - 10 AM	8
9	10 EXERCISE - 9 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	11 EXERCISE - 9:30 AM <b>WATERCOLOR CLASS - 1pm</b> **SHINE COUNSELOR	12 BINGO - 1:15	13 EXERCISE - 9:30 AM <b>HELOFIT DAY</b> 12 NOON	14 COFFEE HOUR - 10 AM	15
16	17 EXERCISE - 9 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	18 EXERCISE - 9:30 AM **SHINE COUNSELOR	19 BINGO - 1:15	20 EXERCISE - 9:30 AM <b>MOVIE &amp; PIZZA</b> 4:30 PM <b>NIGHT AT THE MUSEUM III</b>	21 COFFEE HOUR - 10 AM	22
23	24 EXERCISE - 9 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	25 EXERCISE - 9:30 AM <b>"EATING LOCAL" HORSESHOE</b> 11:30 AM **SHINE COUNSELOR	26 BINGO - 1:15	27 EXERCISE - 9:30 AM	28 COFFEE HOUR - 10 AM	29
30	31 EXERCISE - 9 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	<b>RESERVATIONS NEEDED FOR MARKET BASKET, WATER-COLOR CLASS, HELOFIT DAY, EATING LOCAL &amp; MOVIE</b> ** APPOINTMENT NEEDED TO MEET WITH SHINE COUNSELOR. <b>PLEASE CALL SENIOR CENTER, 978-664-5600 FOR RESERVATIONS AND APPOINTMENTS</b>			<b>EDITH A. O'LEARY SENIOR CENTER</b> <b>157 PARK STREET</b> <b>NORTH READING, MA 01864</b> <b>978-664-5600</b>	